

Skin cancer of feet

Melanoma, the sternest skin cancer, grows on skin that gets too much sun. It can also commence in places where the sun hardly shines, such as your foot. Because most people never check their feet for signs of melanoma, this cancer often spreads before it's noticed. Allowed to spread, melanoma can turn deadly. By inspectng your feet, you can find it early when it's highly treatable.

People of all races and colors can get melanoma on their feet. In fact, about the same number of African Americans and Caucasians develop melanoma on a foot. For people of African or Asian ethnicity, the feet and hands are the most common places for melanoma to appear. Research has shown that a foot injury may increase your risk of developing melanoma. Sometimes, melanoma on the foot feels painful, bleeds, or itches, but not always. The bleeding tends to stop and start.

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